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University Head and
Neck Associates

THE
MIDWEST
SINUS
CENTER

Dear Patient: _____

Thank you for scheduling an appointment with our group. We have enclosed some pre-appointment paperwork for you to complete. It is important that you bring this **completed** paperwork with you to your visit.

*****ARRIVE 30 MIN PRIOR TO YOUR APPOINTMENT TIME*****

Please note: All copays are collected at the time of service before you see the physician. For your convenience, we accept cash, check, MasterCard, Visa and Discover.

Bring with you to your appointment the following items:

Photo ID

Insurance Card(s)

Referral Form, if you have an HMO, BCBS Community, Meridian

List of all Medications

Copies of your most recent CT/MRI (CD DISKS ARE NEEDED AT THE APPOINTMENT, PLEASE OBTAIN PRIOR)

Most recent progress note from PCP & all labs and testing pertaining to your visit, which may include:

*****CT, MRI, SLEEP STUDY, SWALLOW STUDY, AUDIOGRAM, PATHOLOGY, BIOPSY RESULTS*****

Your appointment is with Dr. _____ on _____

At _____ in our _____ office.

Thank you and we look forward to seeing you soon!



3000 N. Halsted Ave., Suite 721
Chicago, IL. 60657
(312) 563-9805

3800 Highland Ave., Suite 105
Downers Grove, IL. 60515
(630) 574-8222

18210 S. LaGrange Rd., Suite 206
Tinley Park, IL. 60487
(708) 444-1530



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Neck Associates

THE
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SINUS
CENTER

We would like to be able to correspond with your primary care physician. We would also like to correspond with any other referring physicians who might be instrumental in your professional health care. Please supply us with the information needed below:

PATIENT NAME: _____

PRIMARY CARE PHYSICIAN:

NAME: _____

ADDRESS _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ FAX: _____

NPI(OFFICE USE ONLY): _____

REFERRING PHYSICIAN:

NAME: _____

ADDRESS _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ FAX: _____

NPI(OFFICE USE ONLY): _____

PREFERRED PHARMACY:

NAME: _____

ADDRESS _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ FAX: _____

Patient EMAIL ADDRESS: _____



University Head and Neck Associates



Medical Information/HIPAA Release Form

NAME: _____ **Date of Birth:** _____

I authorize the release of information including diagnosis, records, appointments, lab/x ray results, medications, surgeries and claims information. This information may be released to:

Name: _____ **Phone Number:** _____

Relationship: _____

Name: _____ **Phone Number:** _____

Relationship: _____

Name: _____ **Phone Number:** _____

Relationship: _____

Information is NOT to be released to anyone.

This **Release of Information** will remain in effect until terminated by me in writing or until my death.

Messages

Please call my home my work my cell phone @ _____

If unable to reach me:

you may leave a detailed message on my voicemail.

please leave a message asking me to return your call.

The best time to reach me is (day) _____ between (time) _____

Signed: _____ **Date:** _____

***** ALL CHANGES TO THIS POLICY, MUST BE MADE IN WRITING *****

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

Page 1

PATIENT NAME: _____ DATE: _____

CHIEF COMPLAINT

WHAT ARE YOU BEING SEEN FOR TODAY? _____

HOW LONG HAVE YOU HAD THIS PROBLEM? _____

WHO IS YOUR REFERRING DOCTOR? _____

PAST MEDICAL HISTORY

- DO YOU HAVE ANY SENSITIVITY OR ALLERGIC REACTIONS TO ANY MEDICATIONS OR FOODS?

YES NO

- IF YES, PLEASE LIST THE NAME OF EACH AND YOUR TYPE OF REACTION:

1. _____ 4. _____ 7. _____

2. _____ 5. _____ 8. _____

3. _____ 6. _____ 9. _____

- DO YOU HAVE AN ALLERGY TO LATEX? YES NO

- DO YOU HAVE ANY IMPLANTS SUCH AS AN ARTIFICIAL HEART VALVE OR HIP PROSTHESIS?

YES NO IF YES, WHAT TYPE? _____

- PLEASE LIST ANY SURGERIES OR HOSPITALIZATIONS YOU HAVE HAD:

SURGERY / REASON FOR HOSPITALIZATION	DATE	COMPLICATIONS

- PLEASE LIST ANY OTHER MAJOR ILLNESSES AND/OR INJURIES: _____

MEDICATIONS

- PLEASE LIST YOUR CURRENT MEDICATIONS. INCLUDE ANY BIRTH CONTROL PILLS, STEROIDS, ANY OVER-THE-COUNTER MEDICATIONS OR ANY RECREATIONAL DRUGS

CURRENT MEDICATIONS	DOSE	FREQUENCY

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

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PATIENT NAME: _____ DATE: _____

FAMILY HISTORY

PLEASE CIRCLE ANY MEDICAL PROBLEMS THAT RUN IN YOUR FAMILY (GRANDPARENTS, PARENTS, SIBLINGS, OR CHILDREN)

DIABETES	ARTHRITIS	PROBLEMS WITH ANESTHESIA	TUBERCULOSIS
HEART DISEASE/HEART ATTACKS	KIDNEY DISEASE	BLEEDING PROBLEMS	IMMUNE DISORDER
HYPERTENSION	THYROID DISEASE (GOITER, ETC.)	CANCER-TYPE: _____	HEARING LOSS
MIGRAINES	ASTHMA	HAY FEVER	SEIZURES
STROKES/TIA'S	BIRTH DEFECTS	OTHER-EXPLAIN: _____	

SOCIAL HISTORY

- WHAT TYPE OF WORK DO YOU DO? _____
- DO YOU CURRENTLY DRINK OR HAVE YOU EVER USED ALCOHOLIC BEVERAGES IN THE PAST?
 - YES NO IF YES, WHAT? _____ AMOUNT? _____ HOW OFTEN? _____ LAST TIME USED? _____
- DO YOU USE / OR HAVE YOU USED TOBACCO IN ANY FORM? YES NO
 - IF YES, WHAT? _____ AMOUNT? _____ HOW OFTEN? _____ LAST TIME USED? _____
 - DO YOU WANT HELP TO STOP? YES NO
- FOR PEDIATRIC PATIENTS:
 - ARE ALL IMMUNIZATIONS UP TO DATE? YES NO
 - IS THE CHILD EXPOSED TO TOBACCO SMOKE IN THE HOME OR DAYCARE? YES NO
 - IS THE CHILD IN DAYCARE? YES NO

REVIEW OF SYSTEMS

ARE YOU CURRENTLY, OR HAVE YOU HAD PROBLEMS WITH:

CONSTITUTIONAL	<u>YES</u>	<u>NO</u>
NIGHT SWEATS.....	<input type="checkbox"/>	<input type="checkbox"/>
RECURRENT FEVERS.....	<input type="checkbox"/>	<input type="checkbox"/>
WEIGHT LOSS IN THE LAST SIX MONTHS.....	<input type="checkbox"/>	<input type="checkbox"/>
WAS THE WEIGHT LOSS INTENTIONAL?	<input type="checkbox"/>	<input type="checkbox"/>
WHAT IS YOUR USUAL WEIGHT? _____ LBS.		
EYES		
DOUBLE VISION.....	<input type="checkbox"/>	<input type="checkbox"/>
INJURIES.....	<input type="checkbox"/>	<input type="checkbox"/>
GLAUCOMA.....	<input type="checkbox"/>	<input type="checkbox"/>
WEARING GLASSES/CONTACTS - DATE OF LAST EXAM: _____	<input type="checkbox"/>	<input type="checkbox"/>
EARS, NOSE, THROAT		
WEARING HEARING AIDS - DATE OF LAST EXAM: _____	<input type="checkbox"/>	<input type="checkbox"/>
HEARING LOSS.....	<input type="checkbox"/>	<input type="checkbox"/>
EAR PAIN.....	<input type="checkbox"/>	<input type="checkbox"/>
EAR INFECTIONS.....	<input type="checkbox"/>	<input type="checkbox"/>
RINGING IN EARS CIRCLE: LEFT RIGHT BOTH	<input type="checkbox"/>	<input type="checkbox"/>
DRAINAGE FROM EARS CIRCLE: LEFT RIGHT BOTH	<input type="checkbox"/>	<input type="checkbox"/>
BALANCE PROBLEMS (VERTIGO OR SPINNING)	<input type="checkbox"/>	<input type="checkbox"/>
NOSE BLEEDS.....	<input type="checkbox"/>	<input type="checkbox"/>
NASAL CONGESTION.....	<input type="checkbox"/>	<input type="checkbox"/>

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

Page 3

PATIENT NAME: _____ DATE: _____

EARS, NOSE, THROAT (CONT'D)

	<u>YES</u>	<u>NO</u>
NASAL DRAINAGE.....	<input type="checkbox"/>	<input type="checkbox"/>
INABILITY TO SMELL.....	<input type="checkbox"/>	<input type="checkbox"/>
SINUS PROBLEMS.....	<input type="checkbox"/>	<input type="checkbox"/>
SORE THROATS.....	<input type="checkbox"/>	<input type="checkbox"/>
MOUTH SORES.....	<input type="checkbox"/>	<input type="checkbox"/>
HOARSENESS.....	<input type="checkbox"/>	<input type="checkbox"/>
DIFFICULTY SWALLOWING.....	<input type="checkbox"/>	<input type="checkbox"/>
SEASONAL ALLERGIES (HAYFEVER)	<input type="checkbox"/>	<input type="checkbox"/>

CARDIOVASCULAR

CHEST PAIN OR ANGINA - DATE OF LAST EKG: _____	<input type="checkbox"/>	<input type="checkbox"/>
HIGH BLOOD PRESSURE.....	<input type="checkbox"/>	<input type="checkbox"/>
IRREGULAR PULSE.....	<input type="checkbox"/>	<input type="checkbox"/>
HEART MURMUR.....	<input type="checkbox"/>	<input type="checkbox"/>
ABNORMAL HEART ANATOMY.....	<input type="checkbox"/>	<input type="checkbox"/>
HAS A PHYSICIAN EVER RECOMMENDED ANTIBIOTICS PRIOR TO SURGICAL PROCEDURES (DENTAL WORK) OR BECAUSE OF A HEART MURMUR OR IMPLANT? ...	<input type="checkbox"/>	<input type="checkbox"/>

RESPIRATORY

ASTHMA.....	<input type="checkbox"/>	<input type="checkbox"/>
CHRONIC COUGH.....	<input type="checkbox"/>	<input type="checkbox"/>
EMPHYSEMA.....	<input type="checkbox"/>	<input type="checkbox"/>
SHORTNESS OF BREATH.....	<input type="checkbox"/>	<input type="checkbox"/>
BRONCHITIS/PNEUMONIA.....	<input type="checkbox"/>	<input type="checkbox"/>
LUNG CANCER.....	<input type="checkbox"/>	<input type="checkbox"/>
BLOODY SPUTUM.....	<input type="checkbox"/>	<input type="checkbox"/>
TUBERCULOSIS.....	<input type="checkbox"/>	<input type="checkbox"/>
DATE OF LAST CHEST X-RAY: _____		

GASTROINTESTINAL

INDIGESTION OR PAIN WITH EATING.....	<input type="checkbox"/>	<input type="checkbox"/>
CHRONIC NAUSEA/VOMITING.....	<input type="checkbox"/>	<input type="checkbox"/>
LIVER DISEASE (HEPATITIS)	<input type="checkbox"/>	<input type="checkbox"/>
JAUNDICE.....	<input type="checkbox"/>	<input type="checkbox"/>
ULCERS OR GASTRITIS.....	<input type="checkbox"/>	<input type="checkbox"/>
COLON OR STOMACH CANCER.....	<input type="checkbox"/>	<input type="checkbox"/>

GENITOURINARY

RECURRENT URINARY TRACT INFECTIONS.....	<input type="checkbox"/>	<input type="checkbox"/>
BLOOD IN YOUR URINE.....	<input type="checkbox"/>	<input type="checkbox"/>
PROSTATE CANCER (MALES)	<input type="checkbox"/>	<input type="checkbox"/>
UTERINE OR CERVICAL CANCER (FEMALES)	<input type="checkbox"/>	<input type="checkbox"/>

MUSCULOSKELETAL

BROKEN BONES - LIST: _____	<input type="checkbox"/>	<input type="checkbox"/>
CHRONIC ARM OR LEG WEAKNESS.....	<input type="checkbox"/>	<input type="checkbox"/>
ARTHRITIS.....	<input type="checkbox"/>	<input type="checkbox"/>

INTEGUMENTARY

SKIN CANCER.....	<input type="checkbox"/>	<input type="checkbox"/>
SKIN DISEASE.....	<input type="checkbox"/>	<input type="checkbox"/>

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

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PATIENT NAME: _____ DATE: _____

	<u>YES</u>	<u>NO</u>
NEUROLOGICAL		
FAINTING SPELLS OR "BLACKING OUT".....	<input type="checkbox"/>	<input type="checkbox"/>
SEIZURES.....	<input type="checkbox"/>	<input type="checkbox"/>
DIFFICULTY WITH YOUR SPEECH.....	<input type="checkbox"/>	<input type="checkbox"/>
FREQUENT HEADACHES OR MIGRAINES.....	<input type="checkbox"/>	<input type="checkbox"/>
STROKES.....	<input type="checkbox"/>	<input type="checkbox"/>

PSYCHIATRIC		
ANXIETY.....	<input type="checkbox"/>	<input type="checkbox"/>
DEPRESSION.....	<input type="checkbox"/>	<input type="checkbox"/>
OTHER PSYCHIATRIC DISORDER/TREATMENT: _____	<input type="checkbox"/>	<input type="checkbox"/>

ENDOCRINE		
DIABETES.....	<input type="checkbox"/>	<input type="checkbox"/>
THYROID DISEASE.....	<input type="checkbox"/>	<input type="checkbox"/>
EXCESSIVE THIRST OR URINATION.....	<input type="checkbox"/>	<input type="checkbox"/>
HORMONE PROBLEMS.....	<input type="checkbox"/>	<input type="checkbox"/>
ARE YOU PREGNANT OR BREASTFEEDING? (FEMALES)	<input type="checkbox"/>	<input type="checkbox"/>

HEMATOLOGIC/LYMPHATIC		
ANEMIA.....	<input type="checkbox"/>	<input type="checkbox"/>
HEMOPHILIA/EASY BLEEDING TENDENCIES.....	<input type="checkbox"/>	<input type="checkbox"/>
PERSISTENT SWOLLEN GLAND OR LYMPH NODES.....	<input type="checkbox"/>	<input type="checkbox"/>
BLOOD TRANSFUSIONS - IF YES, WHEN? _____	<input type="checkbox"/>	<input type="checkbox"/>

IMMUNOLOGIC		
IMMUNOLOGICAL DISORDERS (IMMUNE DEFICIENCY)	<input type="checkbox"/>	<input type="checkbox"/>

HAVE YOU EVER HAD ANY RADIATION TREATMENT?
 IF YES, PLEASE EXPLAIN: _____

SIGNATURE _____ DATE: _____
 (PATIENT/PERSON COMPLETING FORM)

RELATIONSHIP TO PATIENT: _____

REVIEWING STAFF SIGNATURE	DATE	NO CHANGES	CHANGES AS NOTED
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>

COMMENTS:

I.D.: _____

SINO-NASAL OUTCOME TEST (SNOT-22)

DATE: _____

Below you will find a list of symptoms and social/emotional consequences of your rhinosinusitis. We would like to know more about these problems and would appreciate your answering the following questions to the best of your ability. There are no right or wrong answers, and only you can provide us with this information. Please rate your problems as they have been over the past two weeks. Thank you for your participation. Do not hesitate to ask for assistance if necessary.

1. Considering how severe the problem is when you experience it and how often it happens, please rate each item below on how "bad" it is by circling the number that corresponds with how you feel using this scale: →	No Problem	Very Mild Problem	Mild or slight Problem	Moderate Problem	Severe Problem	Problem as bad as it can be	5 Most Important Items
1. Need to blow nose	0	1	2	3	4	5	<input type="radio"/>
2. Nasal Blockage	0	1	2	3	4	5	<input type="radio"/>
3. Sneezing	0	1	2	3	4	5	<input type="radio"/>
4. Runny nose	0	1	2	3	4	5	<input type="radio"/>
5. Cough	0	1	2	3	4	5	<input type="radio"/>
6. Post-nasal discharge	0	1	2	3	4	5	<input type="radio"/>
7. Thick nasal discharge	0	1	2	3	4	5	<input type="radio"/>
8. Ear fullness	0	1	2	3	4	5	<input type="radio"/>
9. Dizziness	0	1	2	3	4	5	<input type="radio"/>
10. Ear pain	0	1	2	3	4	5	<input type="radio"/>
11. Facial pain/pressure	0	1	2	3	4	5	<input type="radio"/>
12. Decreased Sense of Smell/Taste	0	1	2	3	4	5	<input type="radio"/>
13. Difficulty falling asleep	0	1	2	3	4	5	<input type="radio"/>
14. Wake up at night	0	1	2	3	4	5	<input type="radio"/>
15. Lack of a good night's sleep	0	1	2	3	4	5	<input type="radio"/>
16. Wake up tired	0	1	2	3	4	5	<input type="radio"/>
17. Fatigue	0	1	2	3	4	5	<input type="radio"/>
18. Reduced productivity	0	1	2	3	4	5	<input type="radio"/>
19. Reduced concentration	0	1	2	3	4	5	<input type="radio"/>
20. Frustrated/restless/irritable	0	1	2	3	4	5	<input type="radio"/>
21. Sad	0	1	2	3	4	5	<input type="radio"/>
22. Embarrassed	0	1	2	3	4	5	<input type="radio"/>

2. Please mark the most important items affecting your health (maximum of 5 items) _____ ↑

Nasal Obstruction Symptom Evaluation (NOSE) Assessment

PATIENT'S NAME: _____ TODAY'S DATE: _____

Please help us to better understand the impact of nasal obstruction on your quality of life by completing the following survey.

Over the past ONE month, how much of a problem were the following conditions for you?

Please **circle** the most correct response for each category.

	Not a Problem	Very Mild Problem	Moderate Problem	Fairly Bad Problem	Severe Problem
1. Nasal congestion or stuffiness	0	1	2	3	4
2. Nasal blockage or obstruction	0	1	2	3	4
3. Trouble breathing through my nose	0	1	2	3	4
4. Trouble sleeping	0	1	2	3	4
5. Unable to get enough air through my nose during exercise or exertion	0	1	2	3	4
Total Score					
NOSE Score (Multiply your total score x5)					

A score of 0 means no problems with nasal obstruction and a score of 100 means the worst possible problems with nasal obstruction. Instrument was not designed to be used with individual patient data or to predict outcome on individuals. *Otolaryngology-Head and Neck Surgery*. 162-163 STEWART et al February 2004.

NAME: _____

DATE: _____

1. OVERALL, HOW WOULD YOU RATE YOUR HEALTH?

- 2. _____ EXCELLENT
- 3. _____ VERY GOOD
- 4. _____ FAIR
- 5. _____ POOR

2. PLEASE INDICATE THE OVERALL AMOUNT OF DISTURBANCE OR "BOTHER" THAT YOU EXPERIENCE IN YOUR LIFE AS A RESULT OF YOUR RHINOSINUSITIS PROBLEMS:

- 1. _____ NOT BOTHERED
- 2. _____ BOTHERED A LITTLE, BUT NOT A LOT
- 3. _____ BOTHERED MORE THAN A LITTLE, BUT NOT A LOT
- 4. _____ BOTHERED A LOT
- 5. _____ EXTREMELY BOTHERED

3. HOW LONG HAVE YOU BEEN EXPERIENCING YOUR CURRENT SYMPTOMS?

- 1. _____ I AM NOT EXPERIENCING ANY SYMPTOMS NOW.
- 2. _____ 2-4 WEEKS.
- 3. _____ GREATER THAN 4 WEEKS BUT LESS THAN 6 WEEKS
- 4. _____ 6 WEEKS TO 3 MONTHS
- 5. _____ GREATER THAN 3 MONTHS
- 6. _____ UNSURE

4. WHAT RHINOSINUSITIS MEDICATIONS OR TREATMENTS ARE YOU USING NOW OR HAVE USED SINCE DEVELOPING YOUR PRESENT SYMPTOMS? (PLEASE CHECK ALL THAT APPLY)

- 0. _____ NONE
- 1. _____ NON-DRUG METHODS (EXAMPLES: STEAM INHALATIONS, WARM PACKS)
- 2. _____ SALINE NASAL SPRAYS, DROPS, OR NASAL EMOLLIENTS.
- 3. _____ "OVER THE COUNTER" DECONGESTANT NASAL SPRAYS OR DROPS (EXAMPLES: NEOSYNEPHRINE, AFRIN)
- 4. _____ DECONGESTANTS (EXAMPLES: SUDAFED)
- 5. _____ ANTIHISTAMINES (EXAMPLES: BENADRYL, CLARITIN, CLARINEX, ALLEGRA, ZYRTEX)
- 6. _____ BOTH ANTIHISTAMINE AND DECONGESTANT (EXAMPLES: CLARITIN -D, ALLEGRA-D)
- 7. _____ ANTIBIOTICS (EXAMPLES: AMOXICILLIN, ERYTHROMYCIN, CEFTIN, LEVAQUIN, Z-PACK, BIAXIN)
- 8. _____ ORAL STEROIDS (EXAMPLES: PREDNISONE, MEDROL)
- 9. _____ NASAL CROMOLYN SPRAYS (EXAMPLE: NASALCROM)
- 10. _____ NASAL STEROID SPRAYS (EXAMPLES: FLONASE, NASONEX, RHINOCORT)
- 11. _____ ALLERGY SHOTS

5. HAVE YOU EVER HAD SINUS OR NOSE SURGERY? IF SO, PLEASE DESCRIBE:

DATE

TYPE
