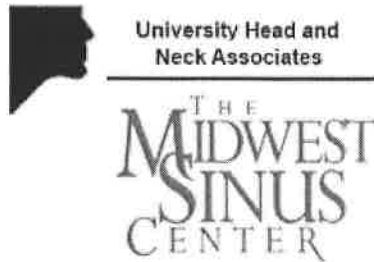


Neal M. Lofchy, M.D.

Joseph P. Allegretti, M.D.

Jay M. Dutton, M.D.



Dear Patient:

Thank you for scheduling an appointment with our group. Enclosed is some pre-appointment paperwork for you to complete. It is important that you bring this completed paperwork with you to your visit.

Please note: All copays are collected at the time of service before you see the physician. For your convenience, we accept cash, check, MasterCard, Visa and Discover.

Please bring with you to your appointment the following items:

Photo ID

Insurance Card(s)

Referral Form, if you have an HMO

List of all Medications

Copies of your most recent CT/MRI

Thank you and we look forward to seeing you soon!



Rush Professional Building
1725 W. Harrison Street, Suite 340
Chicago, IL. 60612
(312) 563-9805

Oak Brook Center
120 Oak Brook Center, Suite 508
Oak Brook, IL. 60523
(630) 574-8222

Tinley Park
18210 S. LaGrange Rd., Suite 206
Tinley Park, IL. 60487
(708) 444-1530

MIDWEST SINUS CENTER - UNIVERSITY HEAD & NECK ASSOCIATES
PATIENT INFORMATION []NEW []UPDATE

LAST NAME: _____ FIRST NAME: _____ M. I.: _____
SOCIAL SECURITY #: _____ DATE OF BIRTH: _____ GENDER: _____
STREET ADDRESS _____ CITY _____ STATE _____ ZIP _____
HOME PHONE _____ MARITAL STATUS _____ BUSINESS PHONE # _____
EMPLOYER _____ OCCUPATION _____ ALTERNATE PHONE # _____
SPOUSE'S NAME _____ SPOUSE'S EMPLOYER _____ BUSINESS PHONE # _____

INSURANCE HOLDERS INFORMATION

PRIMARY INSURANCE

SECONDARY INSURANCE

INSURED'S NAME _____
INSURANCE I.D. OR POLICY # _____
GROUP # _____
PHONE # _____
TO VERIFY _____

INSURED'S NAME _____
INSURANCE I.D. OR POLICY # _____
GROUP # _____
PHONE # _____
TO VERIFY _____

EMERGENCY INFORMATION (IN THE EVENT OF AN EMERGENCY PLEASE NOTIFY)

NAME _____ RELATIONSHIP _____
ADDRESS _____ HOME PHONE _____
BUSINESS PHONE # _____ ALTERNATE PHONE # _____

HOW WERE YOU REFERRED OR HOW DID YOU FIND OUR PRACTICE?

[] HMO/PPO [] YELLOW PAGES [] INTERNET [] TV/RADIO [] FRIEND/RELATIVE (NAME) _____
[] PHYSICIAN/HOSPITAL (NAME) _____ [] NEWSPAPER/MAGAZINE (NAME) _____
[] OTHER _____

ASSIGNMENT OF BENEFITS

I HEREBY AUTHORIZE PAYMENT OF MEDICAL BENEFITS DIRECTLY TO THE TREATING PHYSICIAN. I UNDERSTAND THAT I AM RESPONSIBLE FOR ANY PORTION OF MY BILL NOT COVERED BY MY INSURANCE INCLUDING BUT NOT LIMITED TO ANY APPLICABLE CO-PAYS AND OR DEDUCTIBLES.

X

PATIENT OR LEGAL GUARDIAN SIGNATURE _____

DATE _____

RELEASE OF INFORMATION

I HEREBY AUTHORIZE THE TREATING PHYSICIAN TO RELEASE ANY INFORMATION REQUIRED IN THE COURSE OF MY TREATMENT TO MY INSURANCE COMPANY

X

PATIENT OR LEGAL GUARDIAN SIGNATURE _____

DATE _____

I ACKNOWLEDGE THAT I HAVE RECEIVED A COPY OF THIS OFFICE'S "NOTICE OF PRIVACY PRACTICES" & "AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH INFORMATION."

X

PATIENT OR LEGAL GUARDIAN SIGNATURE _____

DATE _____



Medical Information/HIPAA Release Form

Name: _____ **Date of Birth:** ____/____/____

I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

Spouse _____

Child(ren) _____

Other _____

Information is not to be released to anyone.

This **Release of Information** will remain in effect until terminated by me in writing.

Messages

Please call my home my work my cell Number: _____

If unable to reach me:

you may leave a detailed message

please leave a message asking me to return your call

The best time to reach me is (*day*) _____ between (*time*) _____

Signed: _____ Date: _____



University Head and
Neck Associates

THE
MIDWEST
SINUS
CENTER

We would like to be able to correspond with your primary care physician. We would also like to correspond with any other referring physicians who might be instrumental in your professional health care. Please supply us with the information needed below:

PATIENT NAME: _____

PRIMARY CARE PHYSICIAN:

NAME: _____

ADDRESS _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ FAX: _____

NPI(OFFICE USE ONLY): _____

REFERRING PHYSICIAN:

ADDRESS _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ FAX: _____

NPI(OFFICE USE ONLY): _____

PREFERRED PHARMACY:

ADDRESS _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ FAX: _____

NPI(OFFICE USE ONLY): _____

EMAIL ADDRESS: _____

PATIENT RIGHTS

- 1) The privacy of all patients shall be respected at all times. Patients shall be treated with respect, consideration and dignity.
- 2) Patients shall receive assistance in a prompt, courteous, and responsible manner.
- 3) Patient medical records are considered confidential. Except as otherwise required by law, patient records and/or portions of records will not be released to outside entities or individuals without patients' and/or designated representatives' express written approval.
- 4) Patients have the right to know the identity and status of individuals providing services to them.
- 5) Patients, or a legal authorized representative, have the right to thorough, current and understandable information regarding their diagnosis, treatment options and prognosis, if known, follow-up care, and possible costs of treatment. All patients will sign an informed consent form after all information has been provided and their questions answered.
- 6) Patients have the right to refuse treatment and to be advised of the alternatives and consequences of their decisions. Patients are encouraged to discuss their objections with their provider.
- 7) Patients have the right to refuse participation in experimental treatment and procedures. Should any experimental treatment or procedure be considered, it shall be fully explained to the patient prior to commencement.
- 8) Patients have the right to express complaints about the care they have received and to submit their grievance to the office Supervisor who will complete an "Incident Report" and bring the issue to the attention of the Practice Manager in a timely manner so the grievance may be addressed.
- 9) Patients have the right to be provided with information regarding emergency and after-hours care.
- 10) Patients have the right to obtain a second opinion regarding the recommended procedure. Responsibility for the expense of the second opinion rests solely with the patient. Patients are informed of their right to change their provider if other qualified providers are available.
- 11) Patients have the right to a safe and pleasant environment during their stay.
- 12) Patients have the right to an interpreter if required and the choice of preferred learning or teaching methods. The practice uses verbal and written instructions.
- 13) Patients have the right to be provided informed consent forms as required by the laws of the State of Illinois.
- 14) Patients have the right to be provided with appropriate information regarding the absence of malpractice insurance coverage.
- 15) Patients have the right to know marketing or advertising regarding the competence and capabilities of the organization is not misleading to patients.
- 16) Patients have the right to know the third party billing service that is used to bill medical claims on behalf of the Practice, and that this service also performs appeals on claims, as well as issuing patient statements and handling patient billing questions.

PATIENT RESPONSIBILITIES

- 1) Patients are expected to provide complete and accurate medical histories including providing information on all current medications, dietary supplements and any allergies or sensitivities. It is the patients responsibility to keep all scheduled pre- and post-procedure appointments and comply with treatment plans to help ensure appropriate care.
- 2) Patients are responsible for reviewing and understanding the information provided by their provider. Patients are responsible for understanding their insurance coverage and the procedures required for obtaining coverage.
- 3) Patients are responsible for providing insurance information at the time of their visit and to notify the receptionist of any changes in information regarding their insurance or medical information.
- 4) Patients will be provided, upon request, all available information regarding services available at the office, as well as information about estimated fees and options for payment.
- 5) Patients are responsible for paying all charges for co-payments, co-insurance, deductibles on non-covered services at the time of the visit unless other arrangements have been made in advance.
- 6) Patients are responsible for treating Physicians and Staff in a courteous and respectful manner.
- 7) Patients are responsible for asking questions about their medical care and to seek clarification from their physician of the services to be provided until they fully understand the care they are to receive.
- 8) Patients are responsible for following the advice of their provider and to consider the alternatives and/or likely consequences if they refuse to comply.
- 9) Patients are responsible for expressing their opinions, concerns or complaints in a constructive manner to the appropriate personnel at the Surgery Center.
- 10) Patients are responsible for providing a responsible adult to transport him/her home from the facility and remain with him/her for 24 hours, if required by his/her provider.
- 11) Patients will inform his/her provider about any living will, medical power of attorney, or other directive that could affect his/her care.

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

Page 1

PATIENT NAME: _____ DATE: _____

CHIEF COMPLAINT

WHAT ARE YOU BEING SEEN FOR TODAY? _____

HOW LONG HAVE YOU HAD THIS PROBLEM? _____

WHO IS YOUR REFERRING DOCTOR? _____

PAST MEDICAL HISTORY

- DO YOU HAVE ANY SENSITIVITY OR ALLERGIC REACTIONS TO ANY MEDICATIONS OR FOODS?

YES NO

- IF YES, PLEASE LIST THE NAME OF EACH AND YOUR TYPE OF REACTION:

- 1. 2. 3. 4. 5. 6. 7. 8. 9.

- DO YOU HAVE AN ALLERGY TO LATEX? YES NO

- DO YOU HAVE ANY IMPLANTS SUCH AS AN ARTIFICIAL HEART VALVE OR HIP PROSTHESIS? YES NO IF YES, WHAT TYPE? _____

- PLEASE LIST ANY SURGERIES OR HOSPITALIZATIONS YOU HAVE HAD:

Table with 3 columns: SURGERY / REASON FOR HOSPITALIZATION, DATE, COMPLICATIONS

- PLEASE LIST ANY OTHER MAJOR ILLNESSES AND/OR INJURIES: _____

MEDICATIONS

- PLEASE LIST YOUR CURRENT MEDICATIONS. INCLUDE ANY BIRTH CONTROL PILLS, STEROIDS, ANY OVER-THE-COUNTER MEDICATIONS OR ANY RECREATIONAL DRUGS

Table with 3 columns: CURRENT MEDICATIONS, DOSE, FREQUENCY

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

Page 2

PATIENT NAME: _____ **DATE:** _____

FAMILY HISTORY

PLEASE CIRCLE ANY MEDICAL PROBLEMS THAT RUN IN YOUR FAMILY (GRANDPARENTS, PARENTS, SIBLINGS, OR CHILDREN)

| | | | |
|-----------------------------|--------------------------------|--------------------------|-----------------|
| DIABETES | ARTHRITIS | PROBLEMS WITH ANESTHESIA | TUBERCULOSIS |
| HEART DISEASE/HEART ATTACKS | KIDNEY DISEASE | BLEEDING PROBLEMS | IMMUNE DISORDER |
| HYPERTENSION | THYROID DISEASE (GOITER, ETC.) | CANCER-TYPE: _____ | HEARING LOSS |
| MIGRAINES | ASTHMA | HAY FEVER | SEIZURES |
| STROKES/TIA'S | BIRTH DEFECTS | OTHER-EXPLAIN: _____ | |

SOCIAL HISTORY

- WHAT TYPE OF WORK DO YOU DO? _____
- DO YOU CURRENTLY DRINK OR HAVE YOU EVER USED ALCOHOLIC BEVERAGES IN THE PAST?
 YES NO IF YES, WHAT? _____ AMOUNT? _____ HOW OFTEN? _____ LAST TIME USED? _____
- DO YOU USE / OR HAVE YOU USED TOBACCO IN ANY FORM? YES NO
 IF YES, WHAT? _____ AMOUNT? _____ HOW OFTEN? _____ LAST TIME USED? _____
 DO YOU WANT HELP TO STOP? YES NO
- FOR PEDIATRIC PATIENTS:
 ARE ALL IMMUNIZATIONS UP TO DATE? YES NO
 IS THE CHILD EXPOSED TO TOBACCO SMOKE IN THE HOME OR DAYCARE? YES NO
 IS THE CHILD IN DAYCARE? YES NO

REVIEW OF SYSTEMS

ARE YOU CURRENTLY, OR HAVE YOU HAD PROBLEMS WITH:

| CONSTITUTIONAL | <u>YES</u> | <u>NO</u> |
|--|--------------------------|--------------------------|
| NIGHT SWEATS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| RECURRENT FEVERS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| WEIGHT LOSS IN THE LAST SIX MONTHS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| WAS THE WEIGHT LOSS INTENTIONAL? | <input type="checkbox"/> | <input type="checkbox"/> |
| WHAT IS YOUR USUAL WEIGHT? _____ LBS. | | |
| EYES | | |
| DOUBLE VISION..... | <input type="checkbox"/> | <input type="checkbox"/> |
| INJURIES..... | <input type="checkbox"/> | <input type="checkbox"/> |
| GLAUCOMA..... | <input type="checkbox"/> | <input type="checkbox"/> |
| WEARING GLASSES/CONTACTS - DATE OF LAST EXAM: _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| EARS, NOSE, THROAT | | |
| WEARING HEARING AIDS - DATE OF LAST EXAM: _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| HEARING LOSS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| EAR PAIN..... | <input type="checkbox"/> | <input type="checkbox"/> |
| EAR INFECTIONS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| RINGING IN EARS CIRCLE: LEFT RIGHT BOTH | <input type="checkbox"/> | <input type="checkbox"/> |
| DRAINAGE FROM EARS CIRCLE: LEFT RIGHT BOTH | <input type="checkbox"/> | <input type="checkbox"/> |
| BALANCE PROBLEMS (VERTIGO OR SPINNING) | <input type="checkbox"/> | <input type="checkbox"/> |
| NOSE BLEEDS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| NASAL CONGESTION..... | <input type="checkbox"/> | <input type="checkbox"/> |

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

Page 3

PATIENT NAME: _____

DATE: _____

EARS, NOSE, THROAT (CONT'D)

- | | <u>YES</u> | <u>NO</u> |
|-------------------------------------|--------------------------|--------------------------|
| NASAL DRAINAGE..... | <input type="checkbox"/> | <input type="checkbox"/> |
| INABILITY TO SMELL..... | <input type="checkbox"/> | <input type="checkbox"/> |
| SINUS PROBLEMS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| SORE THROATS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| MOUTH SORES..... | <input type="checkbox"/> | <input type="checkbox"/> |
| HOARSENESS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| DIFFICULTY SWALLOWING..... | <input type="checkbox"/> | <input type="checkbox"/> |
| SEASONAL ALLERGIES (HAYFEVER) | <input type="checkbox"/> | <input type="checkbox"/> |

CARDIOVASCULAR

- | | | |
|---|--------------------------|--------------------------|
| CHEST PAIN OR ANGINA - DATE OF LAST EKG: _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| HIGH BLOOD PRESSURE..... | <input type="checkbox"/> | <input type="checkbox"/> |
| IRREGULAR PULSE..... | <input type="checkbox"/> | <input type="checkbox"/> |
| HEART MURMUR..... | <input type="checkbox"/> | <input type="checkbox"/> |
| ABNORMAL HEART ANATOMY..... | <input type="checkbox"/> | <input type="checkbox"/> |
| HAS A PHYSICIAN EVER RECOMMENDED ANTIBIOTICS PRIOR TO SURGICAL PROCEDURES (DENTAL WORK) OR BECAUSE OF A HEART MURMUR OR IMPLANT? ... | <input type="checkbox"/> | <input type="checkbox"/> |

RESPIRATORY

- | | | |
|---------------------------------|--------------------------|--------------------------|
| ASTHMA..... | <input type="checkbox"/> | <input type="checkbox"/> |
| CHRONIC COUGH..... | <input type="checkbox"/> | <input type="checkbox"/> |
| EMPHYSEMA..... | <input type="checkbox"/> | <input type="checkbox"/> |
| SHORTNESS OF BREATH..... | <input type="checkbox"/> | <input type="checkbox"/> |
| BRONCHITIS/PNEUMONIA..... | <input type="checkbox"/> | <input type="checkbox"/> |
| LUNG CANCER..... | <input type="checkbox"/> | <input type="checkbox"/> |
| BLOODY SPUTUM..... | <input type="checkbox"/> | <input type="checkbox"/> |
| TUBERCULOSIS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| DATE OF LAST CHEST X-RAY: _____ | | |

GASTROINTESTINAL

- | | | |
|--------------------------------------|--------------------------|--------------------------|
| INDIGESTION OR PAIN WITH EATING..... | <input type="checkbox"/> | <input type="checkbox"/> |
| CHRONIC NAUSEA/VOMITING..... | <input type="checkbox"/> | <input type="checkbox"/> |
| LIVER DISEASE (HEPATITIS) | <input type="checkbox"/> | <input type="checkbox"/> |
| JAUNDICE..... | <input type="checkbox"/> | <input type="checkbox"/> |
| ULCERS OR GASTRITIS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| COLON OR STOMACH CANCER..... | <input type="checkbox"/> | <input type="checkbox"/> |

GENITOURINARY

- | | | |
|--|--------------------------|--------------------------|
| RECURRENT URINARY TRACT INFECTIONS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| BLOOD IN YOUR URINE..... | <input type="checkbox"/> | <input type="checkbox"/> |
| PROSTATE CANCER (MALES) | <input type="checkbox"/> | <input type="checkbox"/> |
| UTERINE OR CERVICAL CANCER (FEMALES) | <input type="checkbox"/> | <input type="checkbox"/> |

MUSCULOSKELETAL

- | | | |
|----------------------------------|--------------------------|--------------------------|
| BROKEN BONES - LIST: _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| CHRONIC ARM OR LEG WEAKNESS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| ARTHRITIS..... | <input type="checkbox"/> | <input type="checkbox"/> |

INTEGUMENTARY

- | | | |
|-------------------|--------------------------|--------------------------|
| SKIN CANCER..... | <input type="checkbox"/> | <input type="checkbox"/> |
| SKIN DISEASE..... | <input type="checkbox"/> | <input type="checkbox"/> |

MIDWEST SINUS CENTER - UNIVERSITY HEAD AND NECK ASSOCIATES

MEDICAL HISTORY QUESTIONNAIRE

Page 4

PATIENT NAME: _____ DATE: _____

NEUROLOGICAL

- | | <u>YES</u> | <u>NO</u> |
|---|--------------------------|--------------------------|
| FAINTING SPELLS OR "BLACKING OUT" | <input type="checkbox"/> | <input type="checkbox"/> |
| SEIZURES..... | <input type="checkbox"/> | <input type="checkbox"/> |
| DIFFICULTY WITH YOUR SPEECH..... | <input type="checkbox"/> | <input type="checkbox"/> |
| FREQUENT HEADACHES OR MIGRAINES..... | <input type="checkbox"/> | <input type="checkbox"/> |
| STROKES..... | <input type="checkbox"/> | <input type="checkbox"/> |

PSYCHIATRIC

- | | | |
|---|--------------------------|--------------------------|
| ANXIETY..... | <input type="checkbox"/> | <input type="checkbox"/> |
| DEPRESSION..... | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER PSYCHIATRIC DISORDER/TREATMENT: _____ | <input type="checkbox"/> | <input type="checkbox"/> |

ENDOCRINE

- | | | |
|--|--------------------------|--------------------------|
| DIABETES..... | <input type="checkbox"/> | <input type="checkbox"/> |
| THYROID DISEASE..... | <input type="checkbox"/> | <input type="checkbox"/> |
| EXCESSIVE THIRST OR URINATION..... | <input type="checkbox"/> | <input type="checkbox"/> |
| HORMONE PROBLEMS..... | <input type="checkbox"/> | <input type="checkbox"/> |
| ARE YOU PREGNANT OR BREASTFEEDING? (FEMALES) | <input type="checkbox"/> | <input type="checkbox"/> |

HEMATOLOGIC/LYMPHATIC

- | | | |
|--|--------------------------|--------------------------|
| ANEMIA..... | <input type="checkbox"/> | <input type="checkbox"/> |
| HEMOPHILIA/EASY BLEEDING TENDENCIES..... | <input type="checkbox"/> | <input type="checkbox"/> |
| PERSISTENT SWOLLEN GLAND OR LYMPH NODES..... | <input type="checkbox"/> | <input type="checkbox"/> |
| BLOOD TRANSFUSIONS - IF YES, WHEN? _____ | <input type="checkbox"/> | <input type="checkbox"/> |

IMMUNOLOGIC

- | | | |
|---|--------------------------|--------------------------|
| IMMUNOLOGICAL DISORDERS (IMMUNE DEFICIENCY) | <input type="checkbox"/> | <input type="checkbox"/> |
|---|--------------------------|--------------------------|

HAVE YOU EVER HAD ANY RADIATION TREATMENT?

IF YES, PLEASE EXPLAIN: _____

SIGNATURE _____ DATE: _____
(PATIENT/PERSON COMPLETING FORM)

RELATIONSHIP TO PATIENT: _____

| REVIEWING STAFF SIGNATURE | DATE | NO CHANGES | CHANGES AS NOTED |
|---------------------------|------|--------------------------|--------------------------|
| | | <input type="checkbox"/> | <input type="checkbox"/> |
| | | <input type="checkbox"/> | <input type="checkbox"/> |
| | | <input type="checkbox"/> | <input type="checkbox"/> |
| | | <input type="checkbox"/> | <input type="checkbox"/> |
| | | <input type="checkbox"/> | <input type="checkbox"/> |

COMMENTS:

Nasal Obstruction Symptom Evaluation (NOSE) Assessment

PATIENT'S NAME: _____ TODAY'S DATE: _____

Please help us to better understand the impact of nasal obstruction on your quality of life by completing the following survey.

Over the past ONE month, how much of a problem were the following conditions for you?

Please **circle** the most correct response for each category.

| | Not a Problem | Very Mild Problem | Moderate Problem | Fairly Bad Problem | Severe Problem |
|---|---------------|-------------------|------------------|--------------------|----------------|
| 1. Nasal congestion or stuffiness | 0 | 1 | 2 | 3 | 4 |
| 2. Nasal blockage or obstruction | 0 | 1 | 2 | 3 | 4 |
| 3. Trouble breathing through my nose | 0 | 1 | 2 | 3 | 4 |
| 4. Trouble sleeping | 0 | 1 | 2 | 3 | 4 |
| 5. Unable to get enough air through my nose during exercise or exertion | 0 | 1 | 2 | 3 | 4 |
| Total Score | | | | | |
| NOSE Score (Multiply your total score x5) | | | | | |

A score of 0 means no problems with nasal obstruction and a score of 100 means the worst possible problems with nasal obstruction. Instrument was not designed to be used with individual patient data or to predict outcome on individuals. *Otolaryngology-Head and Neck Surgery: 162-163 STEWART et al February 2004.*

I.D.: _____

SINO-NASAL OUTCOME TEST (SNOT-22)

DATE: _____

Below you will find a list of symptoms and social/emotional consequences of your rhinosinusitis. We would like to know more about these problems and would appreciate your answering the following questions to the best of your ability. There are no right or wrong answers, and only you can provide us with this information. Please rate your problems as they have been over the past two weeks. Thank you for your participation. Do not hesitate to ask for assistance if necessary.

| 1. Considering how severe the problem is when you experience it and how often it happens, please rate each item below on how "bad" it is by circling the number that corresponds with how you feel using this scale: → | No Problem | Very Mild Problem | Mild or slight Problem | Moderate Problem | Severe Problem | Problem as bad as it can be | | 5 Most Important Items |
|--|------------|-------------------|------------------------|------------------|----------------|-----------------------------|--|------------------------|
| 1. Need to blow nose | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 2. Nasal Blockage | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 3. Sneezing | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 4. Runny nose | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 5. Cough | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 6. Post-nasal discharge | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 7. Thick nasal discharge | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 8. Ear fullness | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 9. Dizziness | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 10. Ear pain | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 11. Facial pain/pressure | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 12. Decreased Sense of Smell/Taste | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 13. Difficulty falling asleep | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 14. Wake up at night | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 15. Lack of a good night's sleep | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 16. Wake up tired | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 17. Fatigue | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 18. Reduced productivity | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 19. Reduced concentration | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 20. Frustrated/restless/irritable | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 21. Sad | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |
| 22. Embarrassed | 0 | 1 | 2 | 3 | 4 | 5 | | <input type="radio"/> |

2. Please mark the most important items affecting your health (maximum of 5 items) _____ ↑

NAME: _____

DATE: _____

1. OVERALL, HOW WOULD YOU RATE YOUR HEALTH?

- 2. _____ EXCELLENT
- 3. _____ VERY GOOD
- 4. _____ FAIR
- 5. _____ POOR

2. PLEASE INDICATE THE OVERALL AMOUNT OF DISTURBANCE OR "BOTHER" THAT YOU EXPERIENCE IN YOUR LIFE AS A RESULT OF YOUR RHIOSINUSITIS PROBLEMS:

- 1. _____ NOT BOTHERED
- 2. _____ BOTHERED A LITTLE, BUT NOT A LOT
- 3. _____ BOTHERED MORE THAN A LITTLE, BUT NOT A LOT
- 4. _____ BOTHERED A LOT
- 5. _____ EXTREMELY BOTHERED

3. HOW LONG HAVE YOU BEEN EXPERIENCING YOUR CURRENT SYMPTOMS?

- 1. _____ I AM NOT EXPERIENCING ANY SYMPTOMS NOW.
- 2. _____ 2-4 WEEKS.
- 3. _____ GREATER THAN 4 WEEKS BUT LESS THAN 6 WEEKS
- 4. _____ 6 WEEKS TO 3 MONTHS
- 5. _____ GREATER THAN 3 MONTHS
- 6. _____ UNSURE

4. WHAT RHINOSINUSITIS MEDICATIONS OR TREATMENTS ARE YOU USING NOW OR HAVE USED SINCE DEVELOPING YOUR PRESENT SYMPTOMS? (PLEASE CHECK ALL THAT APPLY)

- 0. _____ NONE
- 1. _____ NON-DRUG METHODS (EXAMPLES: STEAM INHALATIONS, WARM PACKS)
- 2. _____ SALINE NASAL SPRAYS, DROPS, OR NASAL EMOLLIENTS.
- 3. _____ "OVER THE COUNTER" DECONGESTANT NASAL SPRAYS OR DROPS (EXAMPLES: NEOSYNEPHRINE, AFRIN)
- 4. _____ DECONGESTANTS (EXAMPLES: SUDAFED)
- 5. _____ ANTIHISTAMINES (EXAMPLES: BENADRYL, CLARITIN, CLARINEX, ALLEGRA, ZYRTEX)
- 6. _____ BOTH ANTIHISTAMINE AND DECONGESTANT (EXAMPLES: CLARITIN -D, ALLEGRA-D)
- 7. _____ ANTIBIOTICS (EXAMPLES: AMOXICILLIN, ERYTHROMYCIN, CEFTIN, LEVAQUIN, Z-PACK, BIAXIN)
- 8. _____ ORAL STEROIDS (EXAMPLES: PREDNISONE, MEDROL)
- 9. _____ NASAL CROMOLYN SPRAYS (EXAMPLE: NASALCROM)
- 10. _____ NASAL STEROID SPRAYS (EXAMPLES: FLONASE, NASONEX, RHINOCORT)
- 11. _____ ALLERGY SHOTS

5. HAVE YOU EVER HAD SINUS OR NOSE SURGERY? IF SO, PLEASE DESCRIBE:

DATE

TYPE

| | |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

THANK YOU FOR YOUR PARTICIPATION!

UPDATE: 3/16/05